

# La Veneta

## Vegan Menu

### ***INOSTRI ANTIPASTI (SPUNTINO)***

Antipasto – Olives, pickled & marinated vegetables, vegan feta, breads and more!  
30 (may contain nuts)

Trio of Bruschetta –the chef’s selection 22

***Arancini served with hot Napoli sauce*** 10.50

Crispy fries with truffle oil & vegan aioli 8

Peperonata –red/ green/yellow peppers with potatoes, onion, tomato, olives  
cooked in a light Napoli sauce and served with bread 10.50

Stuffed Mushrooms – marinated with garlic, filled with vegan feta & served with  
garden salad 19.50 (cn)

Smashed Avocado – Quinoa, fresh, tomato, basil, vegan feta, balsamic on  
sourdough toast 17.50 (cn)

Chefs Tasting board – (Ask staff)

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### ***INSALATE***

Insalata mista – greens, tomato, onion & cucumber with balsamic  
& olive oil dressing 7.50

Rocket salad - pear, tomato, onion, vegan parmesan & walnuts with  
balsamic & olive oil dressing (v,gf, cn) 13.50

Panzanella – tomato, red onion, cucumber, garlic, capsicum, fresh basil,  
sourdough bread, tossed in red wine vinegar & olive oil dressing (v, gfa) 12

***\* Please note that the vegan feta is a nut product  
(cn) contains nuts***

Gluten free & vegetarian options are available so all can enjoy. Please note that our kitchen is not free from allergens & our menu items may contain traces of allergens

### ***PIZZAS***

Margarita – Napoli, vegan cheese & basil 19.50 (cn)

Funghi – Napoli, mushrooms, vegan feta and rocket 22 (cn)

Artichokes –Napoli, cherry tomato, fresh Calabrian chilli & grilled  
eggplant 24

Vegan Cheese –Napoli, black olives, capers & capsicum 24 (cn)

Garlic Pizza – Olive oil, garlic, vegan cheese & parsley 18.50

### ***I NOSTRI GNOCCHI*** (Our home-made gnocchi)

Napoli with vegan parmesan 20

Mixed mushrooms in a cherry tomato sauce 26

Cherry tomato and truffle oil 26

### ***LA NOSTRA PASTA***

Aglia/Olio e peperoncino – served on a bed of cauliflower cream  
garnished with  
citrus & thyme breadcrumbs (v) 25

Pasta Napoli – cherry tomatoes, black olives & capers 22

### ***I NOSTRI RISOTTI***

Zucchini Risotto – with vegan feta 28 (cn)

Mushroom Risotto – with mixed mushrooms 25

Frijarielli (wild broccolini) & cherry tomato with vegan parmesan cheese  
(v, gf) 26

### ***DOLCI***

***(Ask staff)***